



Workshop Facilitator Biography

Ronaye Coulson

Ronaye holds a Master of Science degree in Counselling Psychology, in addition to a BSc in both Psychology and Biological Sciences, from the University of Calgary. During this time, Ronaye conducted research in the field of resilience for over six years, and continues to share this knowledge and philosophy through workshop facilitation, webinars, public speaking, writing, and individual counseling.

With a diverse background as a therapist working with a wide variety of individuals and groups over 15 years, Ronaye understands people. Having delivered over 300 workshops, her passion is finding ways to communicate information and experiences that inspire each of us to learn, grow, and ultimately thrive with meaning and joy in our lives.