Did you know that having a healthy coping mechanism for dealing with stress positively correlates with high well-being, low burnout, and the absence of severe psychological distress in veterinary professionals? Sign up for The Working Mind Manager Course (a Mental Health Commission of Canada Course) and learn techniques to improve resilience, strategies to support colleagues with mental health issues and workplace accommodation plans for mental health problems.

The next Manager course is in-person at the CVMA Convention on June 30! Proudly sponsored by Petsecure.

8:30 am – 4:30 pm Mountain Time (7 hours), Sunday, June 30, 2024 (in-person at CVMA Convention, Calgary Telus Convention Centre, Calgary, Alberta)

Register today: <u>https://lnkd.in/e79cy-q2</u>

Facilitator is Dr. Leann Benedetti, DVM, ACC, CCFP, BSc. Mental Health Commission of Canada Certified Facilitator of The Working Mind (Employee) and The Working Mind (Manager). Dr. Benedetti is a veterinarian with over 20 years clinical experience and an International Coach Federation Certified Professional Coach. <u>Restorative Coaching With</u> Dr. Leann Benedetti | The Veterinary Coach | Empowering professionals to grow & thrive | Professional Coaching for Veterinarians and Veterinarian Teams | Ontario, Canada



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